Written by admin
Monday, 25 November 2013 05:35 - Last Updated Sunday, 01 December 2013 13:56

Thanksgiving Quotes

We should give thanks. It's God's will, and it is good for us: it has been scientifically proven that gratitude has the strongest link to mental well being than any other character trait. It gives a physical energy boost, makes one less anxious, helps in attaining higher emotional intelligence, fosters a more forgiving attitude, keeps one feeling socially connected, and helps in getting better sleep. It boosts health and happiness.

Meditate on the quotes below:

Gratitude is not only the greatest of virtues. It is the mother of all virtues. ~ Cicero

Realize this moment that you have more than enough. It is okay to have dreams. It is okay to aspire to grow, to learn to evolve, and to achieve big things. But it is important to celebrate yourself, to celebrate your accomplishments, to celebrate the present moment and celebrate your life. With gratitude comes happiness and with happiness comes gratitude. ~Luminah Savinc, PurposeFairy.com

The thankful receiver bears a plentiful harvest." ~ William Blake

"We ought to give thanks for all fortune: if it is good, because it is good; if bad, because it works in us patience, humility, contempt of this world and the hope of our eternal country." ~ C. S. Lewis

"Be true to yourself, help others, make each day your masterpiece, make friendship a fine art, drink deeply from good books—especially the Bible, build a shelter against a rainy day, give thanks for your blessings and pray for guidance every day." ~ **John Wooden** 

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"You can't be grateful for something you feel entitled to." ~ Steven Furtick

"It must be an odd feeling to be thankful to nobody in particular. Christians in public institutions often see this odd thing happening on Thanksgiving Day. Everyone in the institution seems to be thankful 'in general.' It's very strange. It's a little like being married in general." ~ **Cornelius Plantinga, Jr.** 

"Thou who hast given so much to me, give me one more thing—a grateful heart!" ~ **George Herbert** 

"It is not how much we have, but how much we enjoy, that makes happiness." ~ Charles Spurgeon

"Gratitude is the least of the virtues, but ingratitude is the worst of vices." ~ Thomas Fuller

"If you remember the dignity of the Giver, no gift will seem small or mean, for nothing can be valueless that is given by the most high God." ~ **Thomas à Kempis** 

"The best things are nearest: breath in your nostrils, light in your eyes, flowers at your feet, duties at your hand, the path of God just before you." ~ **Robert Louis Stevenson** 

"We have received too much from God to allow ourselves opportunities for unbelief. We have received too many gifts and privileges to allow a grumbling, murmuring heart to disqualify us of our destiny. In contrast, the thankful heart sees the best part of every situation. It sees problems and weaknesses as opportunities, struggles as refining tools, and sinners as saints in progress." ~ **Francis Frangipane** 

"Gratitude ... goes beyond the 'mine' and 'thine' and claims the truth that all of life is a pure gift. In the past I always thought of gratitude as a spontaneous response to the awareness of gifts received, but now I realize that gratitude can also be lived as a discipline. The discipline of

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gratitude is the explicit effort to acknowledge that all I am and have is given to me as a gift of love, a gift to be celebrated with joy." ~ **Henri J. M. Nouwen** 

"God has two dwellings; one in heaven, and the other in a meek and thankful heart." ~ Izaak Walton

"It's not *what* we say about our blessings, but how we *use* them, that is the true measure of our thanksgiving." ~ **W.T. Purkiser** 

"It is delightfully easy to thank God for the grace we ourselves have received, but it requires great grace to thank God always for the grace given to others." ~ **James Smith** 

"I would maintain that thanks are the highest form of thought; and that gratitude is happiness doubled by wonder." ~ *G.K. Chesterton* 

"Would you know who is the greatest saint in the world: It is not he who prays most or fasts most, it is not he who gives most alms or is most eminent for temperance, chastity or justice; but it is he who is always thankful to God, who wills everything that God wills, who receives everything as an instance of God's goodness and has a heart always ready to praise God for it." ~ *William Law* "Gratitude bestows reverence, allowing us to encounter everyday epiphanies, those transcendent moments of awe that change forever how we experience life and the world." ~ *John Milton* 

"A thankful heart cannot be cynical." ~ **A.W. Tozer** 

"If the only prayer you said in your whole life was, 'thank you,' that would suffice." ~ *Meister Eckhart* 

"We pray for the big things and forget to give thanks for the ordinary, small (and yet really not small) gifts. How can God entrust great things to one who will not thankfully receive from Him the little things?" ~ **Dietrich Bonhoeffer** 

"A sensible thanksgiving for mercies received is a mighty prayer in the Spirit of God. It prevails with Him unspeakably." ~ **John Bunyan** 

"Gratitude as a discipline involves a conscious choice. I can choose to be grateful even when my emotions and feelings are still steeped in hurt and resentment. It is amazing how many occasions present themselves in which I can choose gratitude instead of a complaint. I can choose to be grateful when I am criticized, even when my heart still responds in bitterness. I can choose to speak about goodness and beauty, even when my inner eye still looks for someone to accuse or something to call ugly." ~ *Henri Nouwen* 

"If you are not content with what you have, you would not be satisfied if it were doubled." ~ *Charles Haddon Spurgeon* 

"Receive every day as a resurrection from death, as a new enjoyment of life; meet every rising sun with such sentiments of God's goodness, as if you had seen it, and all things,

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new-created upon your account: and under the sense of so great a blessing, let your joyful heart praise and magnify so good and glorious a Creator." ~ *William Law* 

"I thank Thee first because I was never robbed before; second, because although they took my purse they did not take my life; third, although they took my all, it was not much; and fourth, because it was I who was robbed and not I who robbed." ~ *Matthew Henry* 

"When we were children we were grateful to those who filled our stockings at Christmas time. Why are we not grateful to God for filling our stockings with legs?" ~ *G.K. Chesterton* 

"The careless soul receives the Father's gifts as if it were a way things had of dropping into his hand yet is he ever complaining, as if someone were accountable for the checks which meet him at every turn. For the good that comes to him, he gives no thanks—who is there to thank? At the disappointments that befall him he grumbles—there must be someone to blame!" ~ **Geo rge MacDonoald** 

"Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus." ~ *Paul, the Apostle*: I Thessalonians 5: 16–18

"Praise be to you, O LORD, God of our father Israel, from everlasting to everlasting.

Yours, O LORD, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, O LORD, is the kingdom; you are exalted as head over all.

Wealth and honor come from you; you are the ruler of all things. In your hands are strength and power to exalt and give strength to all.

Now, our God, we give you thanks, and praise your glorious name."

~ David, King of Israel: 1 Chronicles 29: 10 - 13

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