

1.

[Hosea: The Broken Heart of God](#)

by Ken Barnes

Hosea found out that there is an awful price of suffering in the heart of God and love must and will find a way. [Read more](#)

2.

[BE FLEXIBLE OR YOU WILL BE BROKEN!](#)

“He who is often reproved, yet stiffens his neck, will suddenly be broken beyond healing”.
~Proverbs 29:1 [Read More](#)

3. [Fanny Crosby: Glory When the Going Gets Tough](#) [By Abby Kelly](#)

Do you ever ask God why He made you a certain way? Do you wonder why you have to struggle with some things that don't seem fair? Next time you do, try praising God using one of Fanny's songs. I think it will encourage you! [Read More](#)

4. [BEAUTY GROWS](#)

There is no beauty like the beauty within you. And it radiates and blesses others. No matter how old you are, this beauty can grow, if you let it. Is your beauty growing? [Read More](#)

5. [FACING THE FULL FORCE OF THE PAIN](#)

Denial is one of the most powerful forces in the world. It is more powerful than love or hate. Many of us go into denial because we want to protect ourselves from the pain, hurt; embarrassment or rejection. But we have to face up to the truth of our pain in order to address it.

[Read More](#)

6.

[OUR NATURAL STATE](#) By Wangari Murathe

It is true that we are prone to be selfish; do what feels good to us, what makes us more powerful, or what makes us rich. But this is not our natural state. It is a fallen state. [Read More](#)

7. [Guilty As Charged](#)

By Grace Tom-Lawyer

With so many ill-effects why do we still engage in gossip? First of all, it is pleasurable. Something about human nature wants to know all that is not well with the Joneses. This may be linked to jealousy. Resentment and unforgiveness often serve as baits for gossip. [Read More](#)

8.

[WHEN THE PEOPLE WE LOVE MAKE WRONG CHOICES](#)

Lectures no matter how wise and true may not work. Nevertheless we must love unconditionally. [Read More](#)

9.

[HOW TO CORRECT VALUED FRIENDS](#)

We often agonize about pointing out the wrong things our friends are doing for fear of losing

them. Many people do not take criticism well and many become defensive and even aggressive. The Apostle Paul was faced with the same dilemma in regard to Philemon, his dear friend and fellow worker, who unfortunately was keeping slaves... [Read](#)

[More](#)

10.

WHY PEOPLE ARE UNHAPPY

Find the seeds of your unhappiness, clear the old voices and experiences. Put all the energy into building your personal and emotional security. Develop a **positive mindset and nurture positive moments and accomplishments, and do not dwell on the negatives.**

[Read More](#)

11.

THE BEST CONDITIONS FOR PEACEFUL SLEEP

When your spirit is free, when you have a lively hope, when you have strength and power on your side, when peace bounds in you. [Read More](#)

12.

YES, EVEN YOU ARE A PRAYER WARRIOR

Prayer comes out of us automatically. The greatest and best talent that God gives to any man or woman in this world is the talent of prayer. [Read](#)

[More](#)

13. [THANKS GIVINGA KEY TO FULFILLED LIVING](#)

Gratitude unlocks the fullness of life. It derives joy, demonstrates maturity, shows accountability... [Read More](#)

14.

[How to Overcome the Fear of Death](#)

Fear of death has multiple components. There is the fear of the manner of death, and then there's the fear of what happens to us immediately after death. Where do we go? What will the next life be like? These questions have been plaguing humanity for centuries . [Read More](#)

15. [WHAT TO DO WHEN WE DO NOT REALIZE OUR EXPECTATIONS](#)

Be willing to go with the flow, trusting more in God and his purpose for you and maybe even greater things than the ones you were working for might come your way. [Read More](#)

16. [SOWING GENEROUSLY](#)

Like the sower we need to spread the Good Message to all; even those we think may be disinclined to accept it. The Lord works in mysterious ways. [Read More](#)

17. [WHEN YOU SCORE AN OWN GOAL](#)

Sometimes you prepare for battle, and you are shattered! You devise your strategy, but it is thwarted; you propose your plan, but it does not stand... [Read More](#)

18. [VICTORIOUSLY SHAKING OFF THE IRRITATIONS OF THE OLD LIFE](#) Slowly, as he grew closer the Lord his God, one by one, the branches and creepers of the vine that had entangled and threatened the man's life, fell away. The man was free to once again enjoy the splendour of his created purpose: to freely walk with Father in the cool of the day. [Read More](#)

19. [BEYOND PAINFUL TRAUMA TO LASTING HAPPINESS](#) **We can regain happiness**

and meaning in our lives, by trying to understand our pain, by seeking healing, so that we can grow from it. [Read More](#)

20. [When You feel Disconnected From God:](#) Detachment usually happens when there is some sort of trouble in our lives. You either have faith or something else is preoccupying you. [Read More](#)

21. [COVERED BY THE BLOOD](#) Just as the blood on their door posts saved the people of Israel the destruction that befell the Egyptians, the blood of Jesus is powerful and protects us against all forces of evil as well as providing forgiveness of sin. [Read More](#)

22.

[Going Back to the Source](#)

By Mathetes Disciple

Instead of getting hysterical, panicking and blaming God, our attitude in the trials of life should be to remember to go back to God - our source of victory in every situation and in every battle. [Read More](#)

23.

[Tattered Patches](#)
by Kathy Ellis

God has a way for us to be restored and made new in Him. He wraps Himself around us and comforts us and stitches back the broken places and mends our torn and tattered hearts and spirits. He patches us up and makes us new and beautiful and useable once again. [Read more](#)

24. [Shout From The Rooftops](#)
by Donald Mehl

As our days slip away, it becomes increasingly urgent for all to know that the time is coming, perhaps sooner rather than later, when each member of the human race will kneel before Almighty God and must declare Jesus Christ as Lord over all. Are you ready for that day? [Read More](#)

25. [A Bouquet of Blessing](#)

I am a seeker,
Always looking
To fill this empty cup
With beauty
And bounty
That is bought
Without coin [Read More](#)

26.

[Jesus, the Communicator -His Sermon Method: Meeting Felt Needs First](#)

Jesus sees our hearts: the pain, the hurts, the hopes and fears. He meets each of us at the point of our need. Read how he met the needs of Blind Bartimaeus, the Woman at the Well, Zacchaeus, the Man at the Bethesda Pool, the Woman caught in Adultery, Nicodemus, the Thief at the Cross and others. [Read More](#)

27.

[What to do when People Misunderstand Your Intentions](#) By Wangari Murathe.

Many relationships break because of misunderstandings: family, marriages, friendships and alliances. Here are suggestions on what you should do when you are misunderstood. [Read More](#)

28. [JOY COMES IN THE MORNING](#) by Wangari Murathe.

Are going through hardship and troubles? Take heart and trust on the Lord for your deliverance. Depend on the Lord and your cry in the night will be transformed to joy in the morning. It happened for the children of Israel, Naomi and Ruth, and for Paul and Barnabas. [Read More.](#)

29. [God has said, "...I will not forget you"](#) Excerpt from Teresiah Wairimu's message.

Live in the present and for the future! Count your blessings one by one and remember that unlike human beings who forget, God can never forget you. And he is always there to comfort and give you hope

[Read more...](#)

30. [Going Back to Shiloh](#) by Pastor John Ndegwa

Shiloh refers to a place of peace, rest and abundance. A place where the Lord rests among His people. It is a place for prayers and worship. [Read More](#)

31. [SURVIVING TRIALS AND TRIBULATIONS](#) By Joseph Kabaragu

"We are hard pressed on every side, but not crushed: perplexed, but not in despair: persecuted but not abandoned: struck down but not destroyed." 2 Corinthians 4:8-9 [Read More](#)

- 32 . [LIKE RAIN, THE WORD OF GOD IS NEVER IN VAIN](#) . By Wangari Murathe.

Let us trust in the word of the Lord because it never fails. The Word of God will be the light that removes the darkness from our lives, the cool water that removes our thirst, and the bread that [Read more](#)

34. [Secure Under His Wings.](#) By Wangari Murathe

When we are struggling financially, with illness and other troubles we need to snuggle under God's great wings. They are big enough to support us; and all others who come Him.. [Read More..](#)

35. [Seek to Prophecy.](#) By Wangari Murathe

There are many gifts of the Holy Spirit but the Bible tells us to especially seek to prophecy; because it builds and strengthens the church. [Read More..](#)

36. [Family Devotion: Overpowering Our Goliaths.](#) By Isaac Makumi

We are all sons and daughters of God and like David; we should do away with our fear and take courage when certain circumstances threaten to overcome us. This is because our heavenly father will always help us to slay the giants that threaten us. [Read more](#)

. Growing in faith – With God everything is possible

Faith is the lack of fear or doubt that we will get what we hope for. The Bible teaches that it is the complete trust, assurance or confidence in the word of God. There is no human being with perfect faith. However Jesus said that if we have faith the size of a mustard seed we can move mountains.

Read more.....