## HOW TO BECOME A REAL EAGLE

A fable is told about an eagle who thought he was a chicken. When the eagle was very small, he fell from the safety of his nest. A chicken farmer found the eagle, brought him to the farm, and raised him in a chicken coop among his many chickens. The eagle grew up doing what chickens do, living like a chicken, and believing he was a chicken.

A naturalist came to the chicken farm to see if what he had heard about an eagle acting like a chicken was really true. He knew that an eagle is king of the sky. He was surprised to see the eagle strutting around the chicken coop, pecking at the ground, and acting very much like a chicken. The farmer explained to the naturalist that this bird was no longer an eagle. He was now a chicken because he had been trained to be a chicken and he believed that he was a chicken.

The naturalist knew there was more to this great bird than his actions showed as he "pretended" to be a chicken. He was born an eagle and had the heart of an eagle, and nothing could change that. The man lifted the eagle onto the fence surrounding the chicken coop and said, "Eagle, thou art an eagle. Stretch forth thy wings and fly." The eagle moved slightly, only to look at the man; then he glanced down at his home among the chickens in the chicken coop where he was comfortable. He jumped off the fence and continued doing what chickens do. The farmer was satisfied. "I told you it was a chicken," he said.

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The naturalist returned the next day and tried again to convince the farmer and the eagle that the eagle was born for something greater. He took the eagle to the top of the farmhouse and spoke to him: "Eagle, thou art an eagle. Thou dost belong to the sky and not to the earth. Stretch forth thy wings and fly." The large bird looked at the man, then again down into the chicken coop. He jumped from the man's arm onto the roof of the farmhouse.

Knowing what eagles are really about, the naturalist asked the farmer to let him try one more time. He would return the next day and prove that this bird was an eagle. The farmer, convinced otherwise, said, "It is a chicken."

The naturalist returned the next morning to the chicken farm and took the eagle and the farmer some distance away to the foot of a high mountain. They could not see the farm nor the chicken coop from this new setting. The man held the eagle on his arm and pointed high into the sky where the bright sun was beckoning above. He spoke: "Eagle, thou art an eagle! Thou dost belong to the sky and not to the earth. Stretch forth thy wings and fly." This time the eagle stared skyward into the bright sun, straightened his large body, and stretched his massive wings. His wings moved, slowly at first, then surely and powerfully. With the mighty screech of an eagle, he flew.

Are there any ways that you see yourself as a barnyard chicken and are not aware of your potential grandeur? You could soar like an eagle. What would that look like for you?

It's time for you to take that next step and fly!

Are you an Eagle or a Chicken?

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We can all use a little encouragement from time to time. Especially when we begin to have feelings of self-doubt and/or frustration. If left unchecked, these feelings can get in the way of us achieving our goals and dreams. That encouragement can be as simple as someone saying, "Keep at it," "You can do it!" Or it can come in the form of a loved one, teacher, or supervisor who gives us room to grow and fly. There have been times in my life when just a word of encouragement, or someone believing in me, thinking "I could do it" made all the difference in the world.

## *"You never know when one kind act or word of encouragement can change a life forever." -Zig Ziglar*