

### Christian Relationship Help - Speaking The Truth Even When Others Disagree *by Karla Downing*



Are you looking for Christian relationship help because you struggle with speaking the truth in your relationships? Then, this biblical truth and tip will help you. It is especially problematic to communicate your perceptions, feelings, choices, needs, and beliefs to difficult people. One of the misconceptions we have is thinking that we have to get the other person to agree with our truth. This keeps us in a place where we are stuck and unable to move on when the person doesn't agree with us. We react by arguing, nagging, threatening, lecturing, and re-explaining. This wastes a lot of time and energy.

People don't have to agree with us in order for our truth to be our truth. People disagree because they have different agendas, priorities, opinions, preferences, worldviews, and experiences. Don't get sidetracked from expressing what is right for you because others disagree. And, don't feel like you need to change your truth. We can agree to disagree.

We also desperately want people to understand us. When they don't understand, we try harder to make ourselves understood. If people want to understand, they will work at understanding by being engaged. When they don't want to understand, they won't try. When you see someone refusing to try to understand your point of view, stop trying to explain.

Difficult relationships have miscommunication and misunderstanding as one of the main problems. Difficult people often don't want to hear your truth and don't respect your truth. It is nice and helpful for others to understand what you are saying, but difficult relationships typically

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Written by admin

Tuesday, 20 March 2012 11:24 - Last Updated Tuesday, 20 March 2012 11:49

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don't work that way.

Don't insist the other person understand or agree with you. Speak your truth regardless of whether others agree or understand. You speak your truth, because it is your truth and you have decided it needs to be said. Matthew 10:11-14, 34 tells us that we need to be who we are, speak our truth, and accept the fact that there are those that will disagree. Let go of the desire to convince them and move on doing what you know you need to do. This Christian relationship help is designed to empower you to speak your truth clearly with conviction.

*If you need more practical tips and Biblical truths to help you change your relationships, get my FREE "15-Day Relationship Challenge" designed to give you back the power over your life.*

*Just click here: [Free 15 Day Challenge](#)*

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