

Christian Marriage Help: Five Causes of Weak Marital Boundaries

Written by admin

Monday, 17 December 2012 13:33 - Last Updated Monday, 17 December 2012 14:00

by Karla Downing



Are you looking for Christian marriage help to enable you to have stronger boundaries? If you have difficulty setting boundaries in your marriage you are probably tolerating more than you should and allowing yourself to be disrespected. Boundaries are simply what you will and won't do and when communicated to your husband give him feedback on how you want to be treated. Here are five causes of weak marital boundaries:

You don't trust your thoughts, feelings, and perceptions. If you don't trust your thoughts, feelings and perceptions, you will doubt your convictions and decisions. You won't be able to trust that what you want and need in your marriage is valid and worth taking a stand for. In order to stand in your truth, you have to know your truth (Ephesians 6:14).

You would rather give in than have conflict. If you run from conflict, boundaries will be hard for you. If you feel like you should keep the peace at all costs, then taking any type of stand in your marriage that will mean an argument will be very hard for you. Romans 12:18 says you should do whatever you can to keep the peace, but that doesn't mean you have to give up your beliefs or that you can't speak your truth.

You think being a good Christian wife means submitting to your husband in everything. If you believe that God wants you to submit to everything your husband asks, then you will

Christian Marriage Help: Five Causes of Weak Marital Boundaries

Written by admin

Monday, 17 December 2012 13:33 - Last Updated Monday, 17 December 2012 14:00

believe that you cannot have boundaries that say no to treatment you don't want. Submission is part of a balanced partnership where the husband loves his wife and considers her needs as important as his own (Ephesians 5:22-33). You can say no to anything that doesn't feel right or healthy and you are entitled to have boundaries.

You are waiting for God to change your husband. If you are waiting for God to change your husband, then you are abrogating your responsibility to take stewardship of your own life. God doesn't force people to change and he expects you to take responsibility for your own life. If you allow your husband to mistreat you, then you will be enabling him to sin.

You know your husband won't respect your boundaries anyway. When you know that something is unacceptable to you and you also know that your husband won't do what you need him to do, it is harder to set your boundary because you are already figuring out if you have the strength to follow through with whatever consequence or action will be needed.

Boundaries simply say what you are willing to do and not do. Each partner in a marriage has the right to say no. If you have weak boundaries, you have to understand the reasons why they are weak before you can begin to develop strong boundaries.

.....

If you need more practical tips and Biblical truths to help you change your relationships, get my FREE "15-Day Relationship Challenge" designed to give you back the power over your life.

Just click here: [Free 15 Day Challenge](#)

Article Source: <http://www.faithwriters.com> - [CHRISTIAN WRITERS](#)